

BodyKey By Nutrilite
Advanced Meal Replacement + Shake
(Milk Tea)

bodykey
by NUTRILITE™



NEW
FLAVOUR!

Balanced & Complete Nutrition
Optimal Calorie Intake
Best for Weight Management
All-in-One Meal

Disclaimer: The products shown are for illustration purposes only and do not represent actual product size. Boba shown serve as serving suggestion only and is not included in the actual product.



A Healthier and Yummier Milk Tea Choice!

5x
higher in
fibre

3x
lesser
sugar

2x
lesser
calories

9x
higher in
protein



**Typical Bubble
Milk Tea**

VS

**BodyKey Meal
Replacement
Shake (Milk Tea)**



Indulgent drink to satisfy cravings

Healthy meal replacement for weight management and general wellness



Low in nutritional value

High in nutritional value
(packed with essential nutrients)



Contributes to additional empty calorie

Optimal calorie intake



High in trans fat

Zero trans fat



High in sugar and sodium content

Low sugar and sodium content



Contains artificial colourings,
flavourings and sweeteners

All-natural ingredients



How BodyKey Meal Replacement Shake Works!

bodykey
by NUTRILITE™



Controls calorie intake



Tackles weight loss better



Preserves lean muscle mass



Helps with stress and binge eating



Curbs and controls hunger



Satisfies cravings



Keeps you feeling energised



Improves digestion and metabolism

Consume this, if you are:



Bubble milk tea lover who are concerned about your health



Consistently skipping meals to lose weight



Craving for milk tea but do not want to consume empty calories



Starving themselves to lose weight



Looking for more options for meal replacement shakes



Unable to adhere to a regular and healthy diet/lifestyle



Struggling with weight management (underweight/overweight/obese)



Having general health concerns (constipation/digestive issue/low metabolism/low endurance/energy level)





Maximise The Positive Effects of BodyKey Meal Replacement Shake

For healthy weight loss



AND



2 servings of BodyKey Meal Replacement*

1 serving of well-balanced meal

*replacing 2 of your heaviest meals (breakfast and dinner)

For healthy weight management



AND



1 serving of BodyKey Meal Replacement*

2 servings of well-balanced meal

*replacing 1 of your heaviest meal (depending on your daily routine, replacement meals can be alternated between breakfast/lunch/dinner)

For healthy weight gain



OR



AND



1-2 servings of BodyKey Meal Replacement*

3 servings of well-balanced meal

*snacks and/or supplement as additional healthy food intake to get complete nutrients

Additional practices to help you reach your weight management goals

Diet



Practice healthy-plate concept (suku-suku separuh) for your daily well-balanced meal(s)



Stay hydrated by drinking at least 2L of water per day



Add-on other Nutrilite/BodyKey products to aid in your weight management journey

Exercise



Walk 10,000 steps a day

OR



Challenge the 15-minute stair climbing regime per day

OR



Practise 150 minutes (about 2.5 hours) of exercise per week



Check out the **BodyKey 15 Days Guide** for more insights on healthy diets and exercises.

The Smartest Choice!

bodykey
by NUTRILITE™



bodykey
by NUTRILITE™

FORMULA DIETARY FOOD
MAKANAN PENDIETAN BERFORMULA
Nutritious Meal Replacement Shake

MILK TEA FLAVOUR

Per Serving Contains 17g Protein, 5g Fibre, 22 Vitamins and Minerals

- NO ARTIFICIAL COLOURS OR FLAVOURS
TIADA BAHAN PEWARNA ATAU PERISA TIRUAN
- NO ADDED PRESERVATIVES
TIADA TAMBAHAN BAHAN PENGAWET
- ZERO TRANS FATS
BEBAS LEMAK TRANS

Contains soy and chia seed as plant proteins
Mengandungi soya dan biji chia sebagai protein tumbuhan

CONTAINS 14 POUCHES / MENGANDUNGI 14 PAKET
Net 51g Each • Total Net Weight: 714g
Berat Bersih (Per Paket) 51g • Jumlah Berat Bersih: 714g

SERVING SUGGESTION
CADANGAN PENGHIDANGAN



Each pouch contains **205 calories**

17g Protein = 1 of the following



2 eggs



2 glasses
fresh milk



1 medium-
sized chicken



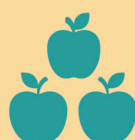
1 medium-
sized fish



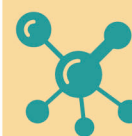
200g tofu



370mg Calcium
= 1 glass fresh milk



5g fibre =
3 medium apples
without skin*



Contains
22 vitamins
& minerals

*Based on Singapore Food Composition Database



Research has found that meal replacement shakes can help with weight loss.



Meal Replacement Shakes have been proven to be more effective for weight loss than a food-based diet.

Sources: • <https://www.webmd.com/diet/what-to-know-about-meal-replacement-shakes>
• <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2851659/>



Create Your Own Personalized Shake Within 1 Minute



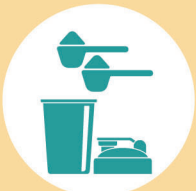
Step 1

Empty 1 pouch of BodyKey Meal Replacement Shake into a Nutrilite Shaker



Step 2

Mix with 250ml water/low-fat milk (water level depending on your personal taste preference)



Step 3

Add on 1-2 scoops of Nutrilite Soy Protein Drink (depends on one's daily protein requirement) (for additional protein and increased satiety)



Step 4

Add preferred fruits and vegetables.



Step 5

Shake well and enjoy!



Click on the recipe [here](#) for the HEALTHIER B.O.B.A Milk Tea Combination with Nutrilite Soy Protein Drink



BodyKey Meal Replacement Shake (Milk Tea)
(serve as drink base)

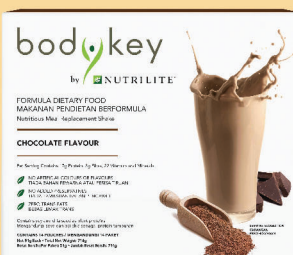
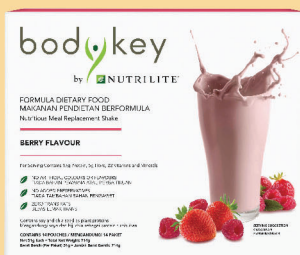


Nutrilite Soy Protein Drink
(serve as a replacement for tapioca pearl)



Healthy B.O.B.A. Milk Tea

Enjoy All The Flavours



NEW FLAVOUR!



Buy Now