

References | 参考资料 | Rujukan

1. Sonawane, Sachin & Anandhan, Anjana & Nair, Tanika & Patil, Sonal. (2018). Plant seeds as the underutilised wealth and nutritional source of booster promoter.
2. Manoj Kumar, Maharishi Tomar, Sneha Punia, Jyoti Dhakane-Lad, Sangram Dhumal, Sushil Changan, Marisennayya Senapathy, Mukesh K. Berwal, Vellaikumar Sampathrajan, Ali A.S. Sayed, Deepak Chandran, R. Pandiselvam, Nadeem Rais, Dipendra Kumar Mahato, Shashikant Shiddappa Udikeri, Varsha Satankar, T. Anitha, Reetu, Radha, Surinder Singh, Ryszard Amarowicz, John F. Kennedy. Plant-based proteins and their multifaceted industrial applications. LWT, Volume 154, 2022, 112620, ISSN 0023-6438, <https://doi.org/10.1016/j.lwt.2021.112620>
3. Langyan S, Yadava P, Khan FN, Dar ZA, Singh R and Kumar A (2022) Sustaining Protein Nutrition Through Plant-Based Foods. Front. Nutr. 8:772573. doi: 10.3389/fnut.2021.772573.
4. Rasane, Prasad & Jha, Alok & Sabikhi, Latha & Kumar, Arvind & Unnikrishnan, V. (2013). Nutritional advantages of oats and opportunities for its processing as value added foods -a review. Journal of Food Science and Technology -Mysore-. 52. 10.1007/s13197-013-1072-1.
5. Kathryn O'Sullivan, Frankie Phillips, Leo Stevenson, Jenny Walton. Wheat bran: its composition and benefits to health, a European perspective. International Journal of Food Sciences and Nutrition, December 2012; 63(8): 1001–1013.

