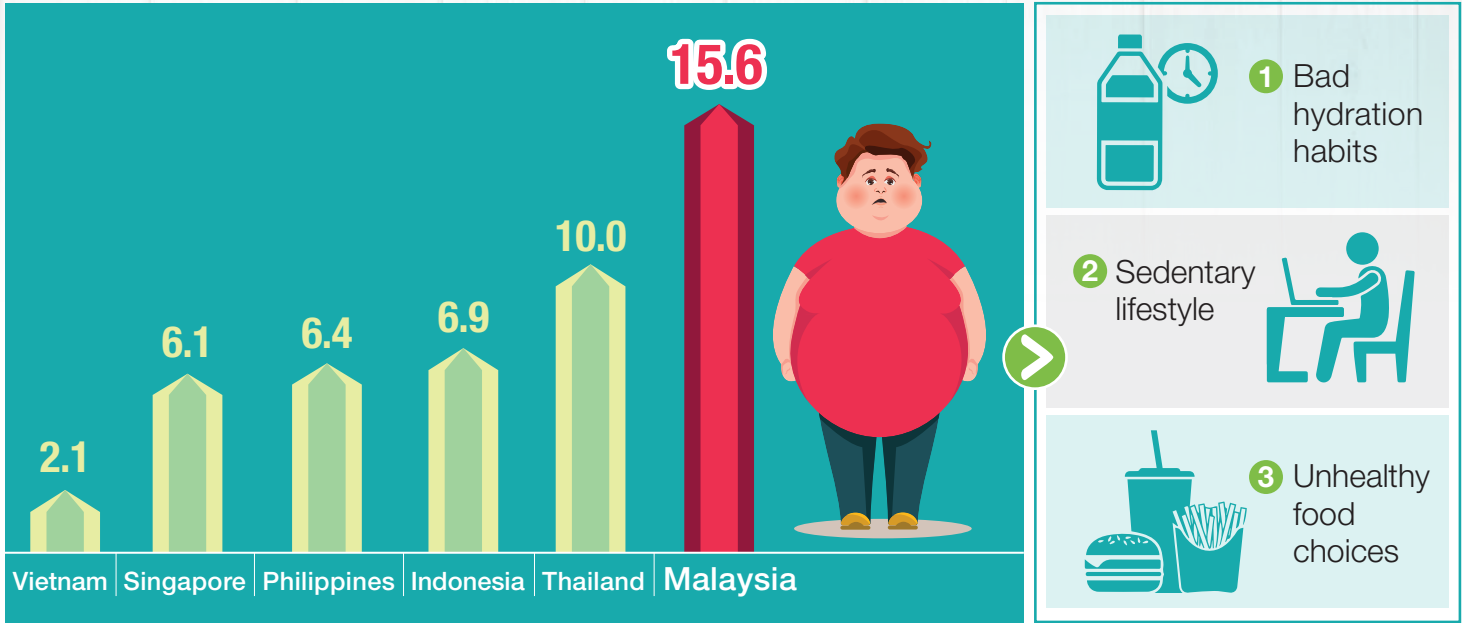


HEY, GUESS WHICH COUNTRY IS THE FATTEST?

Malaysia! We are the most obese nation in Southeast Asia.

Obesity prevalence (%) for adults (18 years old and above)



Source: World Health Organization (2017), World Population Review (2019)

Are You Watching What You Drink?

Adopting **healthy hydration habits** is not only a matter of how much to drink but rather the **contents of what we drink**.



How Much Sugar Is In Your Favourite Drinks?



BOOST YOUR H₂O WITH PHYTO!

LOW IN CALORIES

30 **KCAL**



= 4 X Lesser
than 1 Can of
Carbonated Drink



**NO COLOURANTS,
FLAVOURS OR
PRESERVATIVES
ADDED**

STAMINA AND
ENERGY BOOSTER

8 **ESSENTIAL
VITAMIN Bs**



**GOOD FOR SKIN,
HAIR AND NAILS**

30 mcg of Biotin = Recommended
Intake for Adults: Adults require
between 30 and 100 mcg, daily



LESS SWEET

7.5 **G**

Perfect for those
watching their
sugar level



**NOT
CARBONATED**
Beat Bloating!

PROMOTES GOOD
DIGESTION

3G FIBRE
= 1 Regular-Sized Apple
= 1 Small Banana
= 1 Cup of Strawberries



Nutrilite™ PhytoPOWDER™ Beverage Crystals



Preserve Your Electrolytes **ORANGE**

Potassium and Sodium

+ Boosts electrolyte
replenishment

Red Orange Complex™

+ Inhibits free radicals from
damaging cells

Refreshing Botanical Blend **LEMON**

Super fruit blend

+ Lemon + Pomegranate
+ Pineapple + Sea buckthorn

Vitamin C and 8 B vitamins

+ Added energy

Support Your Immune System **CHERRY**

Zinc and 8 B vitamins

+ Extra body defence boost

Acerola cherries

+ Great source of vitamin C